



# Acorn Community Care



## 'Friends of Acorn Newsletter'

Welcome to the February 2015 issue number 3 of our Newsletter - and a belated Happy New Year!! Here's hoping you all had a very Festive Christmas. Just to share with you all what we got up to, Ruth organised two groups to have Christmas Lunch on Thursday 11<sup>th</sup> December and Christmas Evening Dinner on Wednesday 17<sup>th</sup> December both at the Toby Carvery on Malton Road, York. Here are some photos that Stewart Burdon took of the evening group.



**Update on the refurbishment at Whinflower Hall.** The new 'Firebird' central heating boiler is working very well since it was installed by the Paul Cuthbertson Team of plumbers! We have already noticed a big difference in how warm the farmhouse is and how more economical it is proving to be. We cannot wait until the new double glazed windows are in, as this will make it even cosier!

Work started on the bathrooms on Wednesday 7<sup>th</sup> January 2015 and uncovered a few surprises! As with all old buildings, we have had to do a lot more preparation work before the new walk in shower and bathroom suites are put in situ. Chris and Steve have been busy plastering walls, painting the ceiling and putting new flooring down first.



### News from the Annual General Meeting on 5<sup>th</sup> Jan 15

- Andrea Allison chaired our AGM;
- Annual Report to 31.03.14 was agreed and seconded;
- The Annual Accounts were agreed and seconded;
- Trustees present were re-elected;
- Fund-raising events and activities were evaluated;
- 2015/16 fund-raising ideas were discussed and agreed.

If you would like a copy of the minutes, please email using the address below. Many thanks!

**Contact:** Chris (Day Service Manager) or Ruth Holliday at Acorn Community Care, Whinflower Hall, Scarborough Road, Norton, Malton, North Yorkshire YO17 8EE.

Telephone: 01653 699922 or email: [acorn.community.care@unicombox.com](mailto:acorn.community.care@unicombox.com)

Watch out for our new Website!

### How can you help?

You can help us by doing a fundraising event?

Have a look at our events page to see what we have planned and join in

You can come and visit Whinflower Hall to see what we do and spread the word

You can put on an event here at Whinflower Hall.

### Personal profile - Mrs Julie Barber

The empathy, support, commitment and dedication that we as a family have experienced since May 2014 when we decided to call Chris at Acorn has been life changing. Our daughter Lynne had been living in her own home for 5 years, I'd love to say independently, but the need for an emotional crutch meant that the apron strings were ropes bound around us all.

The Barber family's rollercoaster ride has been filled with the highest of highs and the lowest of lows. Born at 24 weeks, weighing 1 lb 9ozs, floundering between life and death, accompanied with the words cerebral palsy, galvanised myself and the family to embark on parenthood with a 'let's get on with this' attitude - Lynne is here, we adore her - life is for living!

I guess every parent can identify with the need to protect and an irrational fear that things may not turn out well for their child? Lynne has always craved independence in equal measure to keep her within the family unit; we always nurtured her spirit tenuously. When she chose to move to independent living we were filled with fear, which until Acorn were introduced proved to be intermittently founded ..... definitely rollercoaster peaks and troughs!

Chris, Ruth and Carol's dedication to our unpredicted plea for help, weeks before they were organised for transition from former agency to Acorn proved we had, at last found people we can rely on and trust. For the first time we are confident that Lynne's team of four very professional and committed ladies are led by an inspirational manager who all share an understanding of the frustrations of a sociable, exuberant mind being trapped inside the limitations of her body and can support and address the social and emotional challenges that this poses. The sense of relief is liberating and heartening and words aren't enough to express our gratitude to all the Acorn Team for the transformation that we have seen in 'our Lynne'.

Mrs Julie Barber - parent.

### Upcoming Events:

Next RCT meeting on 12.02.15

Next Trustee Meeting at

Acorn Community Care on 9<sup>th</sup> March 2015 at 5:30

**We are organising another Onesie Walk!  
ON SUNDAY 19<sup>TH</sup> APRIL VENUE TO BE  
ARRANGED 1PM START**

**PICK YOUR SPONSORSHIP FORM UP!**

COFFEE MORNING on SAT 4<sup>TH</sup> APRIL 2015 10-12pm

CAKES AND TOMBOLA PRIZES NEEDED

PLEASE BRING TO ACORN BY 27.03.15

TOMBOLA, COFFEE AND CAKES

### The Malton & Norton Musical Theatre Club

have chose Acorn as this year's local charity to  
help us raise funds at their Panto

## Robin Hood

### The Milton Rooms

We will let know how much money was raised!  
Huge thanks to everyone who supported!

New arrivals - We have bought 5 more Saddlebacks! The British Saddleback pig was developed in the early 1800's by Lord Western. He crossed an Essex sow with Italian bred Neapolitan Boar.

British Saddlebacks are hardy and noted for their mothering ability. The breed continues to be used mainly to provide coloured dams for the production of first-cross porkers, baconers and heavy pigs. The breed is known for its grazing ability and is very hardy.



### May 2014 Onesie Walk

